



P.E. POLICY

At Garden Fields we believe that physical education experienced in a safe and supportive environment is a vital and unique contribution to a child's physical and emotional health, development and well - being.

Aims

1. To teach P.E. to all pupils as laid down in the National Curriculum.
2. To develop an enjoyment of P.E. enabling them to take part with confidence and a sense of achievement.
3. To deliver a curriculum that progressively extends and develops skills and knowledge.
4. To develop a positive attitude and knowledge to health, hygiene and safety.
5. To develop a sense of fair play, cooperation, teamwork, honest competition and good sportsmanship.
6. To develop stamina, fitness and coordination.

Learning

We believe that children learn best:

- when they feel secure and valued
- when the objectives of the lessons and criteria for success are made clear to them
- through doing, listening, questioning, discussion and watching others
- with self assessment and evaluation of their progress
- by working at levels appropriate to their ability
- through opportunities to develop and experiment with new skills
- through interaction and sharing ideas with their peers

Teaching

We believe that teaching is most effective:

- through the use of appropriate teaching methods which will vary according to the activities being undertaken i.e. whole class, group and individual teaching
- through termly planning
- through regular monitoring and evaluation of the curriculum by the subject leader
- through the use of tapes, video resources, equipment and apparatus
- through differentiation of tasks when appropriate
- by providing time for reflective discussion on aspects of pupil's work through demonstration
- by providing opportunities for children to work on their own and with others fostering independence, co-operation and competition
- through a planned and structured scheme of work that allows for progression throughout Foundation, KS1 & KS2

Organisation and Planning

The class teacher and the subject leader share the responsibility for the delivery of the curriculum. At Garden Fields we follow several schemes of work for PE thus ensuring continuity and progression within the programmes of study. These include: Val Sabin dance, Rawmarsh gymnastics and The National PE and School Sport Strategy Resources for games and outdoor activities.

Monitoring of practice is through classroom observation and support, discussion and review of planning forecasts and records by the subject leader.

Extra curricular sporting activities may be offered where possible and may include football, netball, dancing, cross country, tag rugby and short tennis. (See policy on Extra Curricular activities)

Cross Curricular Issues

There are opportunities where the teaching of P.E. can be linked with other aspects of the curriculum:

- numeracy and shape
- human body
- compass directions
- understanding of cultural/musical diversity
- listening & observation skills
- interpretive skills (language)

Assessment & Recording

We will respond to and share children's work by:

- encouraging self assessment
- observing them while they are working
- discussing their work or responding with a comment
- making judgments on a child's level of achievement and recording them on annual teacher assessment forms.
- reporting verbally to parents at parent consultation evenings
- informing parents of their child's achievements through an annual written report

Health and Safety

General health and safety measures are covered in the Safe Practice in P.E handbook (kept in the Staff room)

- all large pieces of apparatus should be checked before and after all P.E lessons and any faults reported to the head teacher.
- the hall including the floor should be checked and kept relatively free of obstructions for P.E
- all children should be given instruction in the safe way to handle, move and store equipment
- children should not be left alone with large apparatus
- children should behave in a sensible and appropriate manner in P.E lessons
- accidents that occur during a lesson should be entered in the Accident Book (secretary's office) with any relevant details
- Correct P.E. kit should be worn. No plimsolls or trainers to be worn when using wall bars or A Frames.
- All jewellery should be removed (or taped over in exceptional circumstances), Kara bracelets be covered with sweat bands, and removable mouth braces taken out.
- long hair to be tied back
- medical inhalers to be available at all times.

Outdoor Climbing Apparatus

- children must wear trainers
- long hair to be tied back
- loose clothing removed including coats
- no children allowed on the apparatus until a member of staff is present
- apparatus not to be used if wet
- no chasing games

Suitable Clothing for P.E.

It is recommended that all gym and dance work be carried out in bare feet unless the child has a recognised medical problem.

Indoor P.E.

- shorts (dark colour)
- tee shirt (house team coloured (**red, yellow, blue or green**) short sleeves)

Adopted by Curriculum Committee - Oct 2015
Due for Review - Oct 2018

Outdoor P.E.

- shorts
- tee shirt
- plimsolls/trainers
- tracksuit for cold weather
- football boots / shin guards for extra curricular activities.

Swimming

costume; One piece for girls, trunks (no Bermuda shorts) for boys.
swimming hats to be encouraged

Long hair should be tied back and swimming goggles may only be worn when permission has been granted by Westminster Lodge.