

COVID-19 RELATED PUPIL ABSENCE

A quick reference guide for parents, carers and staff

Updated: 18th September 2020

DEFINITIONS OF COVID-19 SYMPTOMS

Please read the guidance fully and, if you remain unsure, seek medical advice before sending you child to school.

A NEW CONTINUOUS COUGH MEANS:

- you are coughing a lot for more than 1 hour



OR

- you have been coughing a lot 3 or more times in 24 hours



- if you normally have a cough, it may be worse than usual.



A HIGH TEMPERATURE OR FEVER

A high temperature or fever is a normal way for your body to fight infection.

This is because the increase in body temperature makes it harder for viruses and bacteria to survive.



You do not need to take your temperature to know you have a fever.

If you do have a thermometer however, a fever is when your temperature is 37.8C or higher.



A THIRD COMMON SYMPTOM OF CORONAVIRUS IS A LOSS OF, OR CHANGE IN, SENSE OF SMELL OR TASTE (ANOSMIA).



SCENARIOS

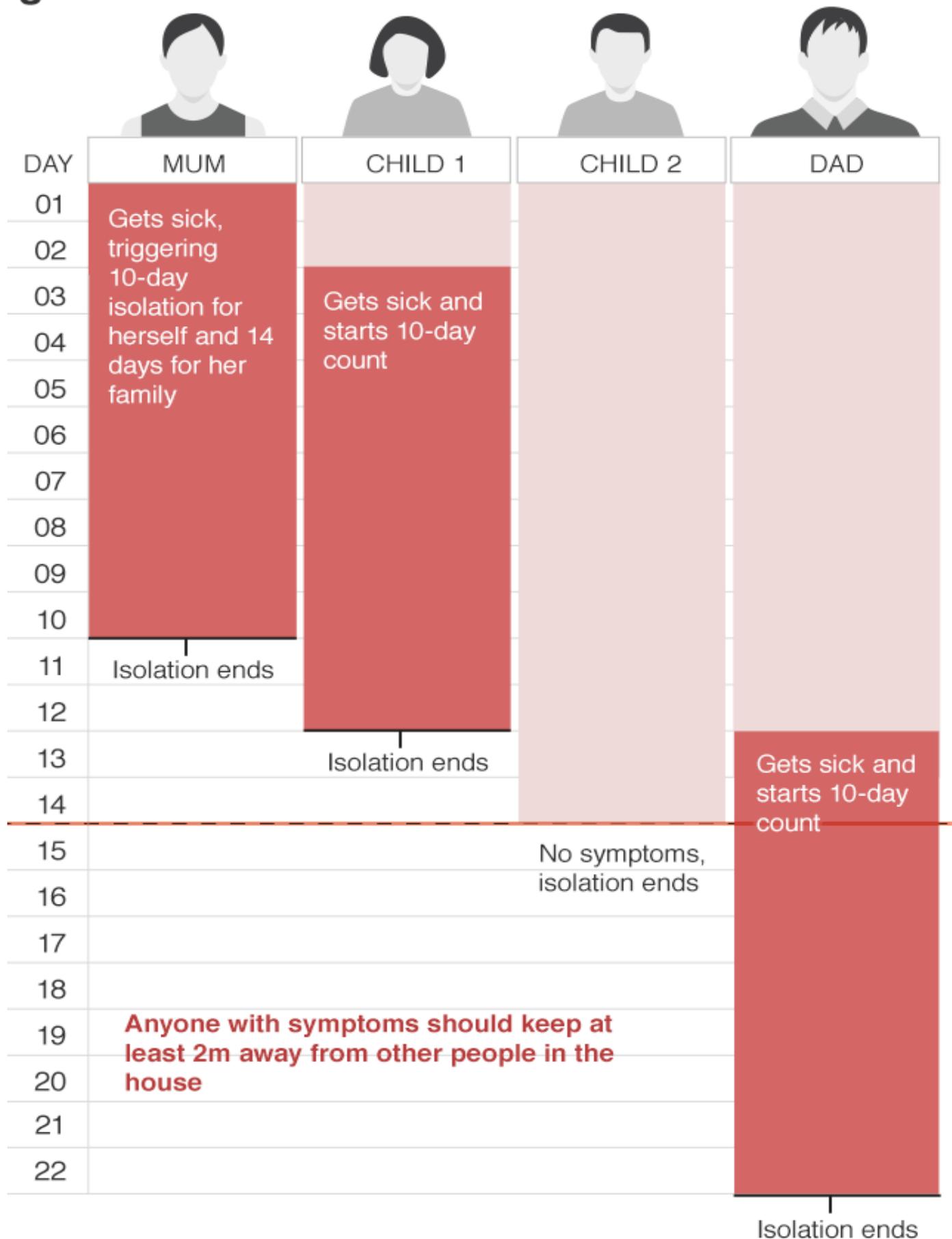
We are updating this list of scenarios as new government guidance is issued and we come across different individual circumstances. A link to the latest version of this document will always be at the top of our Return to School Page on the website, so please check back there regularly:

<https://www.gardenfields.herts.sch.uk/return-to-school/>

What to do if...	Action Needed	Return to school when...
...my child has any Covid-19 symptoms	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Self-isolate the whole household. See the image at the end of this document for advice about how long other members of the household should self-isolate - Get your child tested - Communicate with the school about the test result 	<p>...the test comes back negative or</p> <p>...10 days have passed since symptoms began, even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i></p> <p>AND the child feels well.</p>
...my child tests positive for Covid-19	<ul style="list-style-type: none"> - Do not come to school. - Contact school to inform us. - Agree an earliest date for possible return (minimum of 10 days). - Self-isolate the whole household. See the image at the end of this document for advice about how long members of the household should self-isolate 	<p>...10 days have passed since symptoms began, even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i></p> <p>AND the child feels well.</p>
...my child tests negative	<ul style="list-style-type: none"> - Contact school to inform us. - Discuss when your child can come back (same day/next day). 	<p>...the test comes back negative.</p>
...my child is ill with symptoms not linked to Covid-19	<ul style="list-style-type: none"> - Do not come to school. - Contact school to inform us. - Follow the schools medical guidance for illness <p>https://www.gardenfields.herts.sch.uk/medical/</p>	<p>...if a child is sick or has diarrhoea, parents should keep them off school for a period of 48 hours after the last bout of illness.</p>
...someone in my household has Covid-19 symptoms	<ul style="list-style-type: none"> - Do not send anyone from your household to school. - Contact school to inform us. - Self-isolate the whole household. - Household member with symptoms to get a test. - Communicate with the school about the test result 	<p>...the test comes back negative</p> <p>OR</p> <p>...see the image at the end of this document for advice about how long members of the household should self-isolate</p>
...someone in my household tests positive for Covid-19	<ul style="list-style-type: none"> - Do not send anyone from your household to school. - Contact school to inform us. - Agree an earliest date for possible return. - Self-isolate the whole household. 	<p>...see the image at the end of this document for advice about how long members of the household should self-isolate</p>

<p>...NHS test and trace has identified my child as a close contact of somebody with confirmed Covid-19</p>	<ul style="list-style-type: none"> - Do not send the child who has had direct contact to school. - Contact school to inform us. - Agree an earliest date for possible return (minimum of 14 days). - Any other children in your household, who have not had direct contact, can come to school. 	<p>...the child who has had direct contact has completed 14 days of isolation ..follow the advice given by Test and Trace</p>
<p>...we have received medical advice that my child must shield</p>	<ul style="list-style-type: none"> - Do not come to school. - Contact school to inform us. - Shield until you are informed that restrictions are lifted and shielding is paused again. 	<p>...school inform you that restrictions have been lifted and your child can return to school again. ...you receive medical advice that your child may return to school.</p>
<p>...my child's year group bubble is closed due to a Covid-19 outbreak in school</p>	<ul style="list-style-type: none"> - Child must not come to school. - Support your child at home with remote education provided. - Your child will need to self-isolate for 14 days. - Other siblings, in other year groups, may continue to attend school. 	<p>...school inform you that the year group bubble will be reopened.</p>
<p>... I am unable to get a test for someone in the household who has symptoms</p>	<p>If you are not able to get a test, your child and anyone they live with must stay at home and self-isolate for 14 days.</p> <p>Anyone in your support bubble must also stay at home.</p>	<p>...the child has completed 14 days of isolation.</p>

What happens if someone in your family gets sick?



People may be able to pass on coronavirus without showing any symptoms

Source: Public Health England advice