



18th December 2020

Dear Parent / Carer,

If your child tests positive for coronavirus (COVID-19) at any point during the Christmas break, please notify us as soon as possible so we can complete the relevant tracking and tracing process with public health, if required, and notify any other children or staff who have been close contacts and who need to self-isolate.

During the holidays you should contact admin@gardenfields.herts.sch.uk – **this will only be monitored until Christmas Day as after this point your child(ren) shouldn't be a close contact of anyone at the school.** Please don't call the normal absence line as this won't be covered during Christmas term.

Remember as soon as your child or any member of your household develops symptoms, they must start self-isolating immediately and book a test regardless of it being Christmas.

Main symptoms of coronavirus are:

- a high temperature
- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal

If you're not sure whether symptoms suggest that they have COVID-19 or an everyday cough or cold, you can consult this online NHS symptom checker:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Self-isolating is one of the most important things we can all do to help stop the spread of the virus and protect our loved ones and the vulnerable. You can read our helpful self-isolating guide at: www.hertfordshire.gov.uk/selfisolatingguide

Mr Farrugia
Headteacher